

The impact of COVID-19 related public-health measures on training behaviours of individuals previously participating in resistance training: A cross-sectional survey study

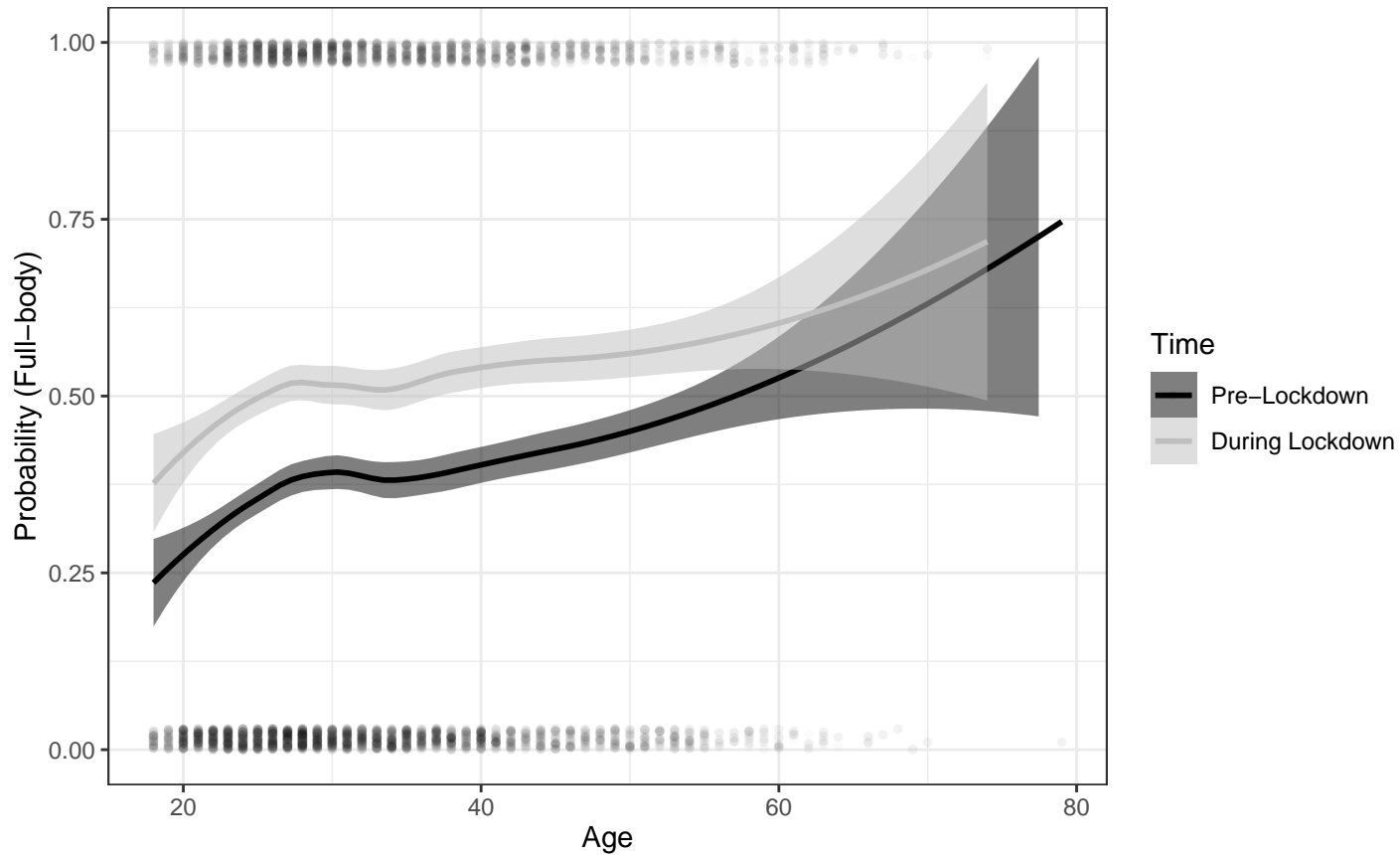
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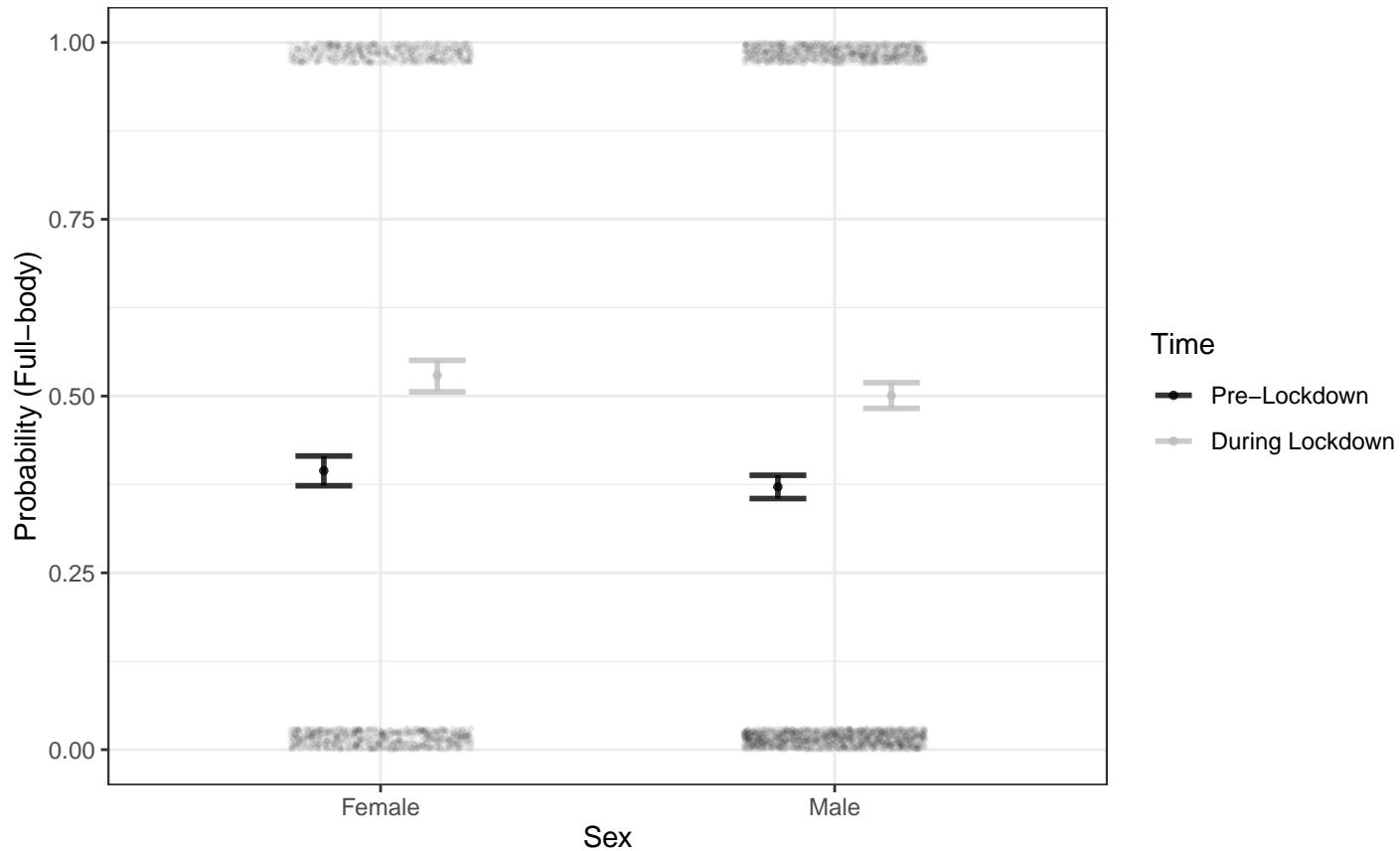
Did you usually perform a full-body or split routine?

Predictor: Age (years)



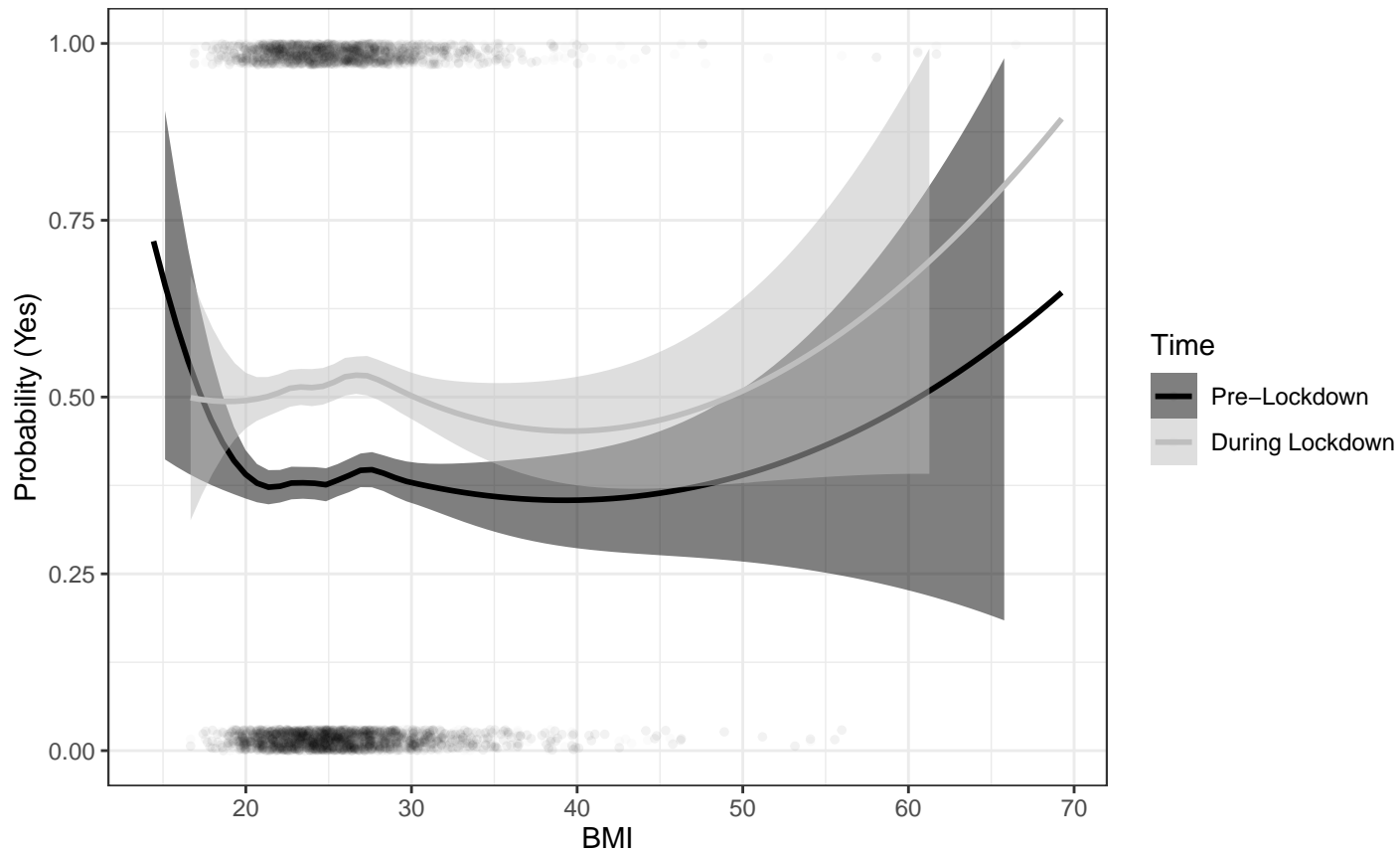
Did you usually perform a full-body or split routine?

Predictor: Sex



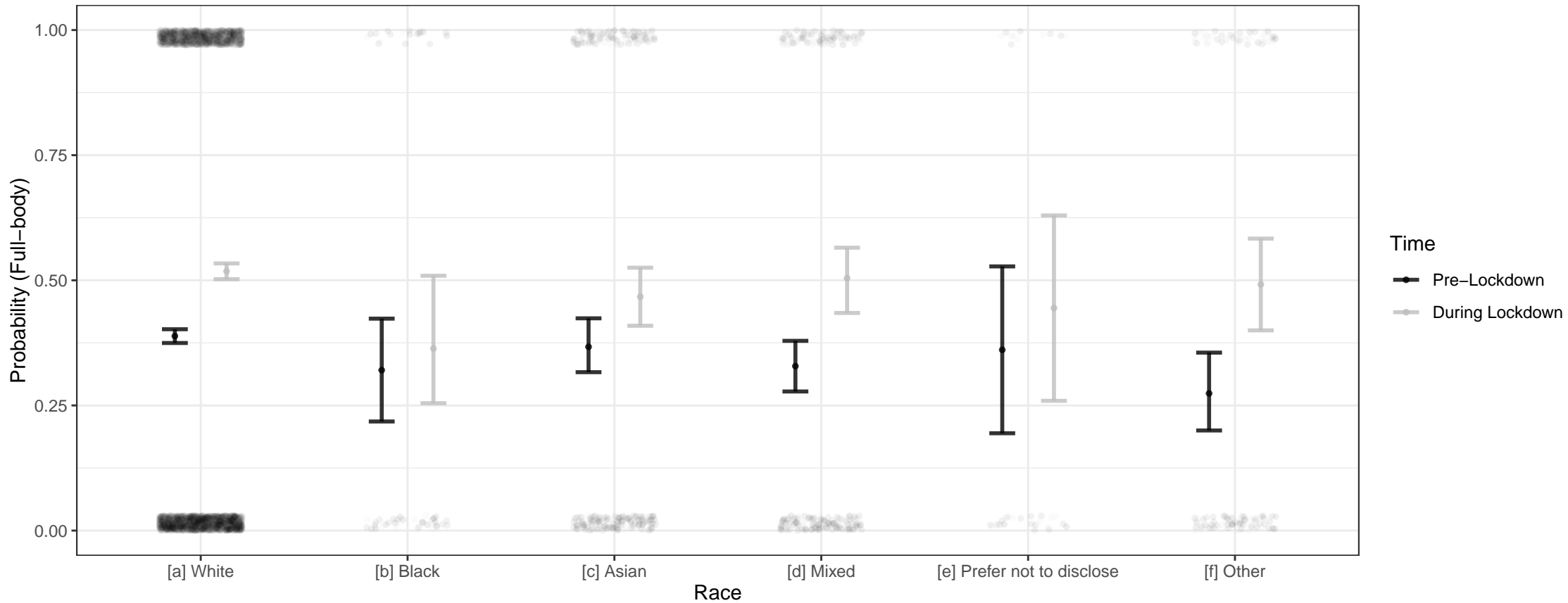
Did you usually perform a full-body or split routine?

Predictor: BMI



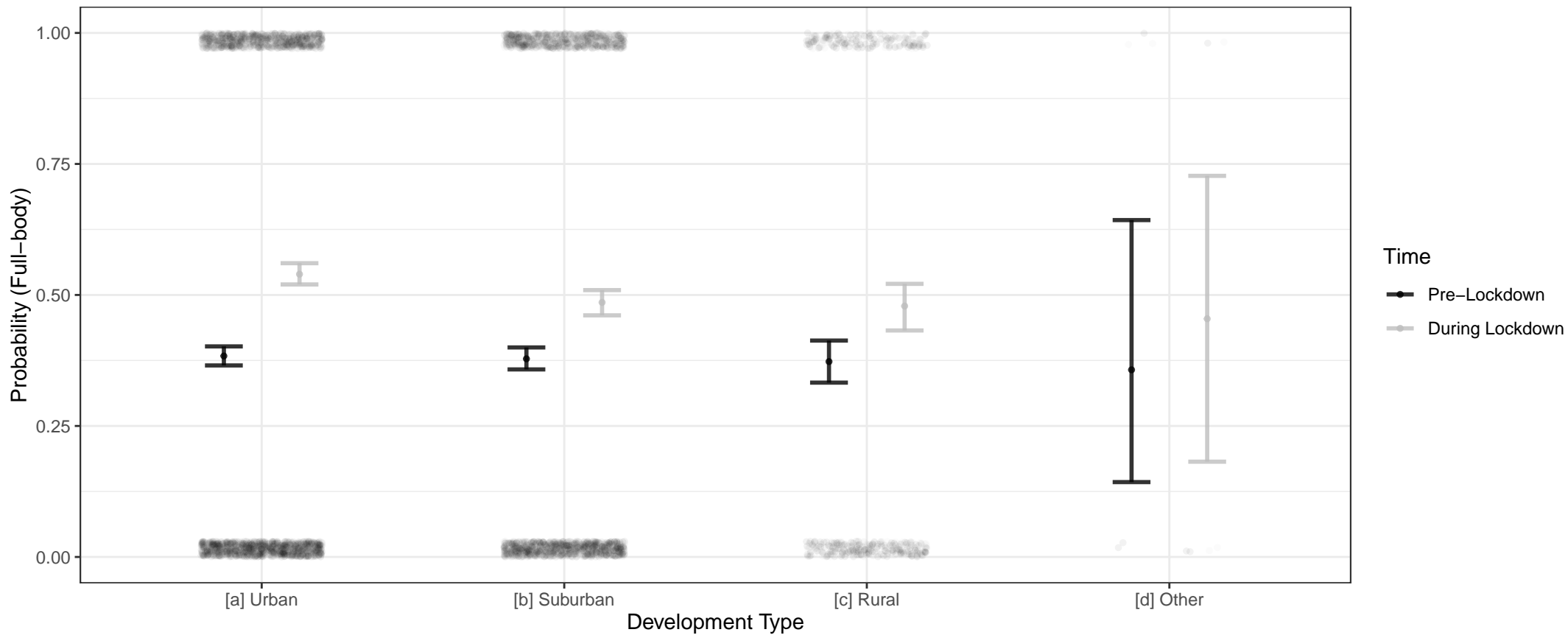
Did you usually perform a full-body or split routine?

Predictor: Race



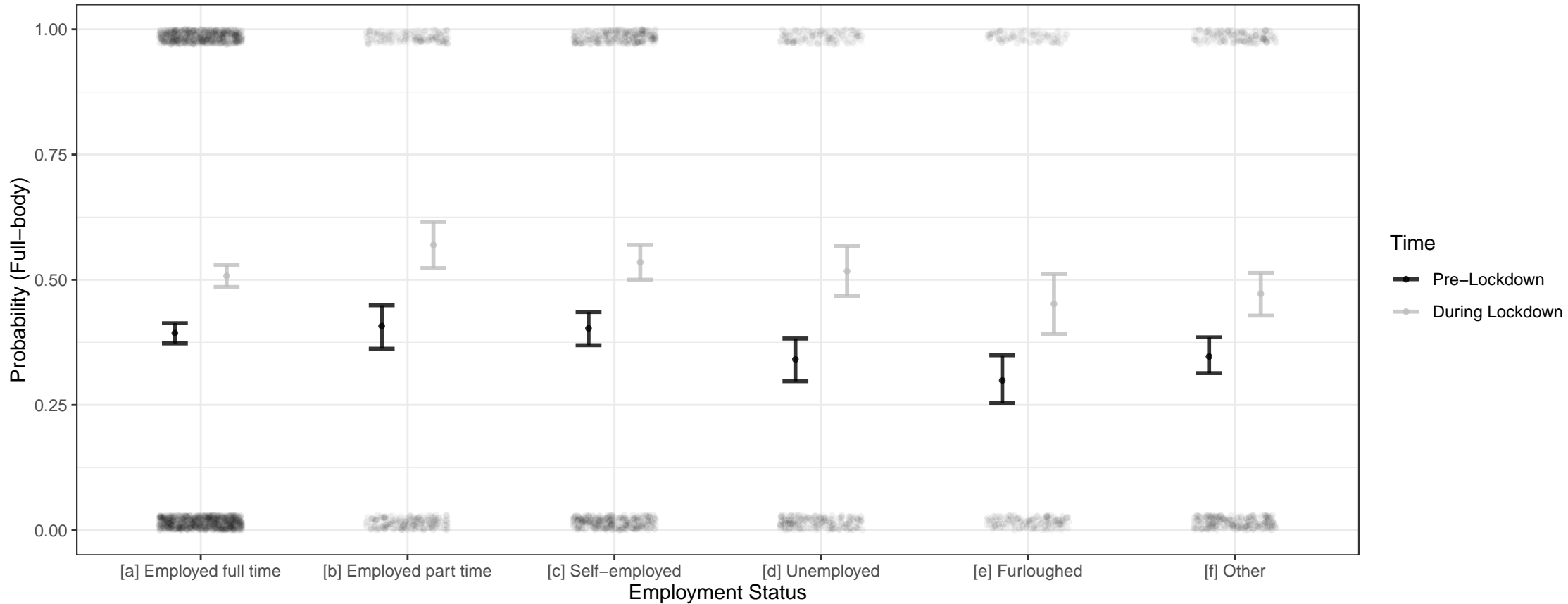
Did you usually perform a full-body or split routine?

Predictor: Development type



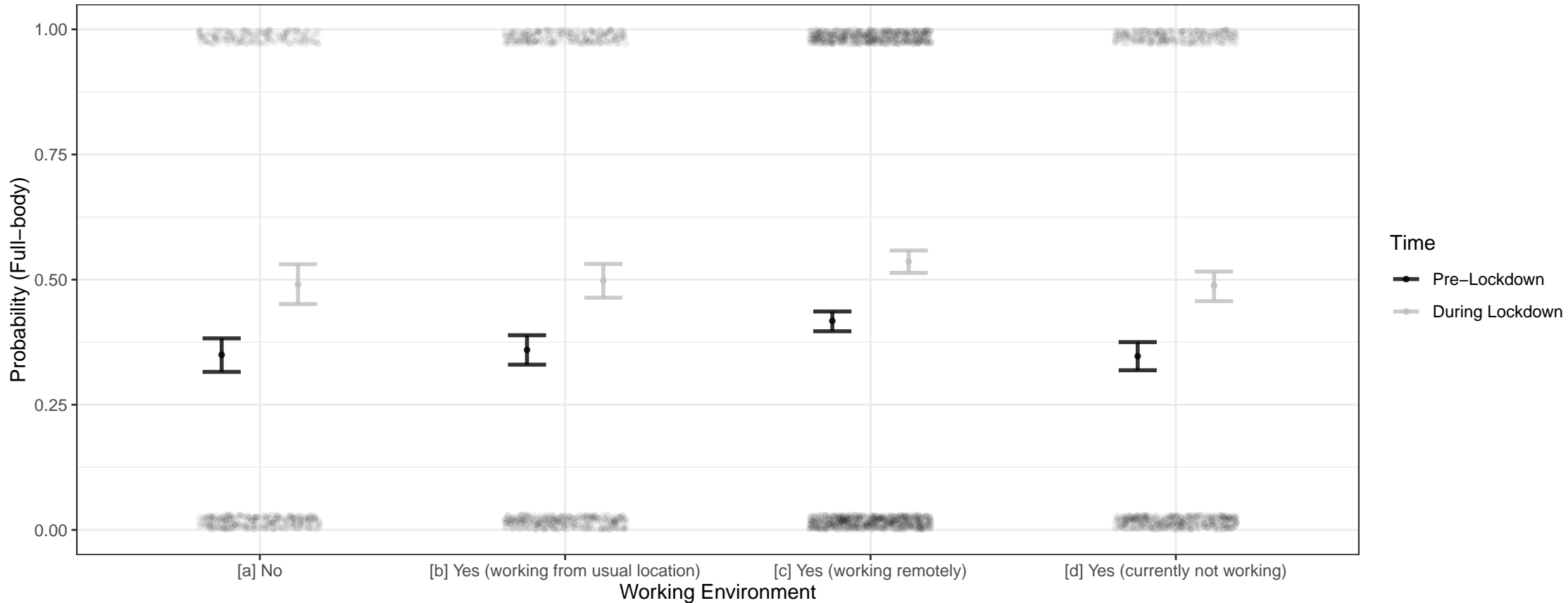
Did you usually perform a full-body or split routine?

Predictor: Employment status



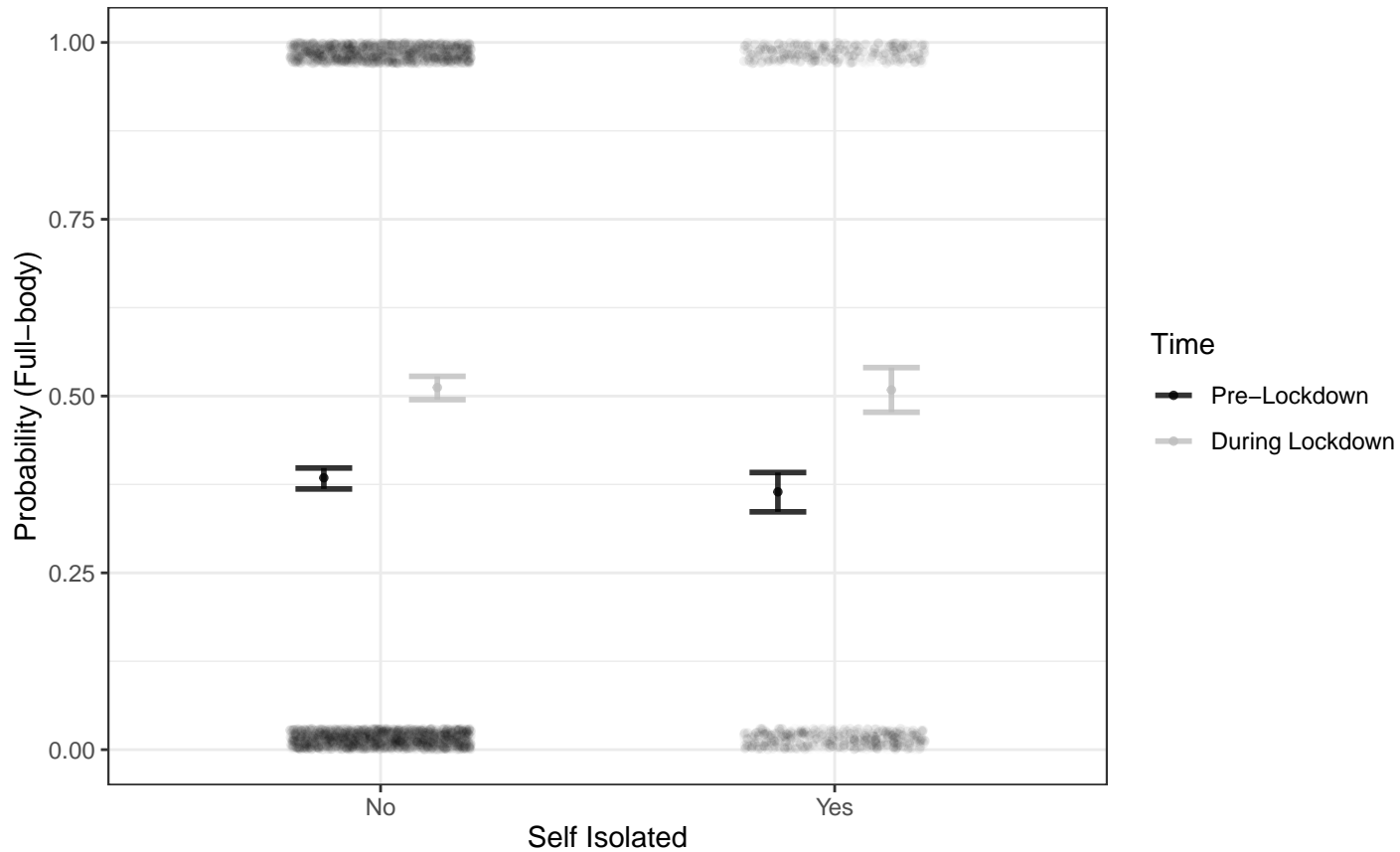
Did you usually perform a full-body or split routine?

Predictor: Working environment during 'lockdown'



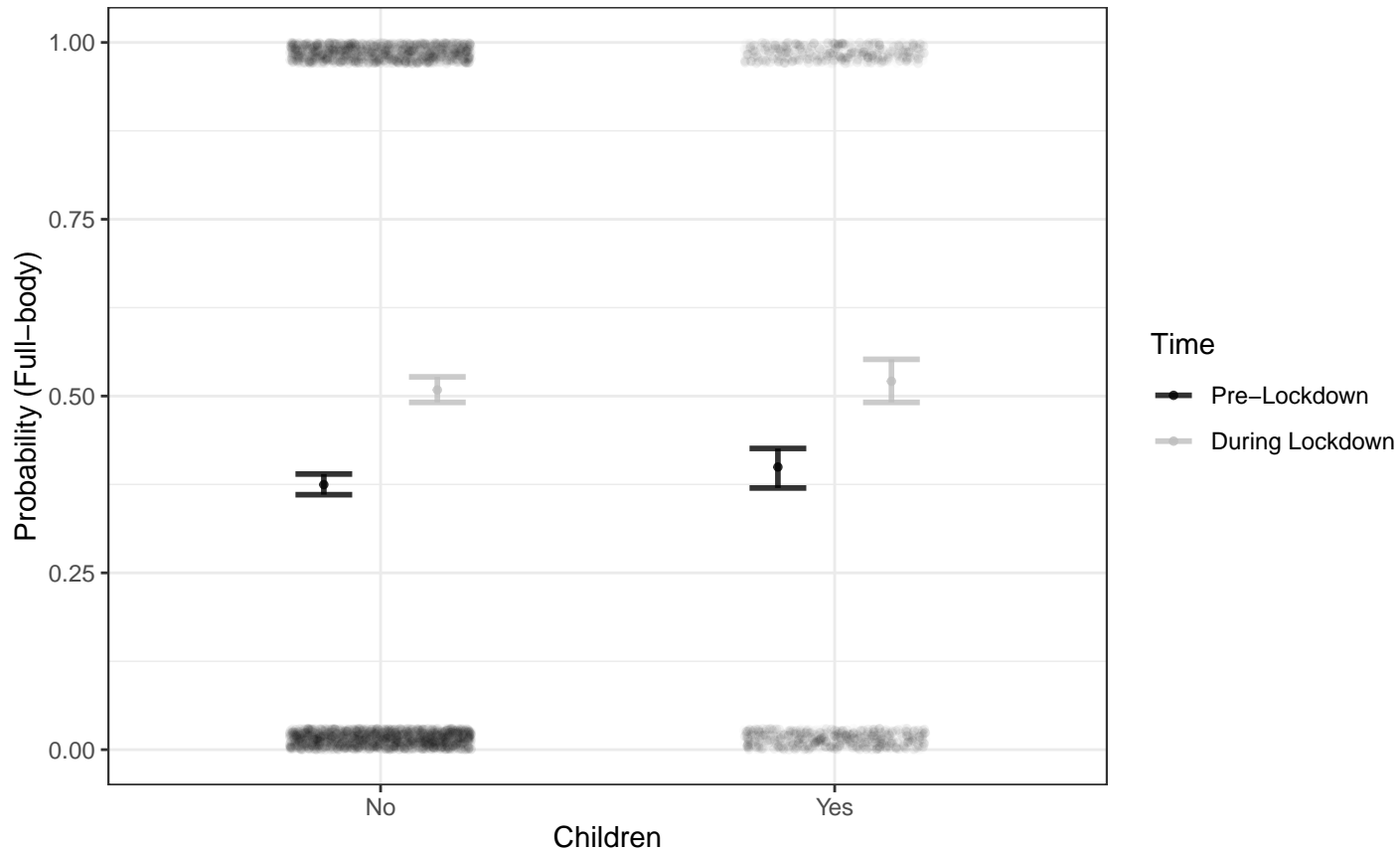
Did you usually perform a full-body or split routine?

Predictor: Have you or family/friends has to self-isolate?



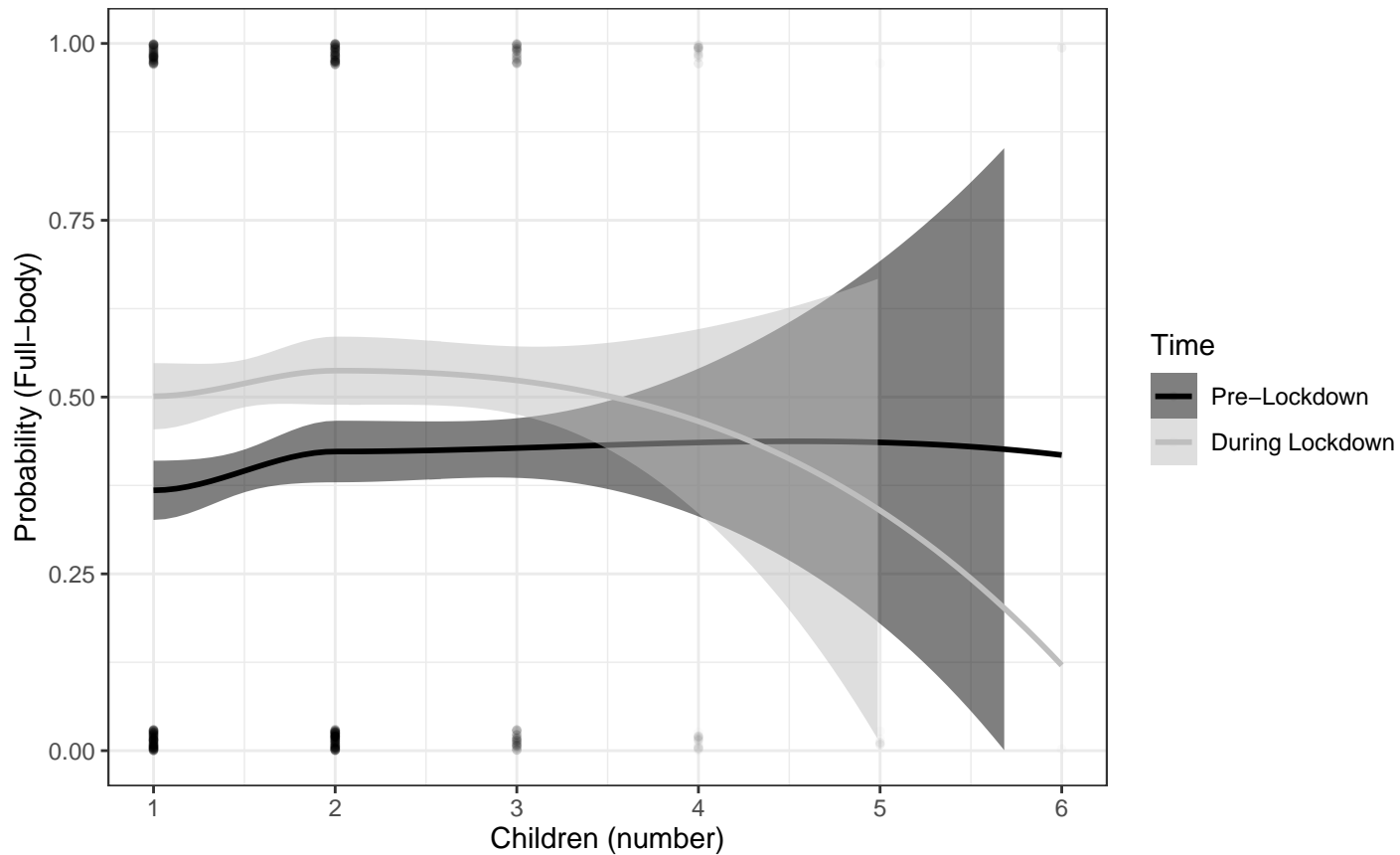
Did you usually perform a full-body or split routine?

Predictor: Children (yes/no)



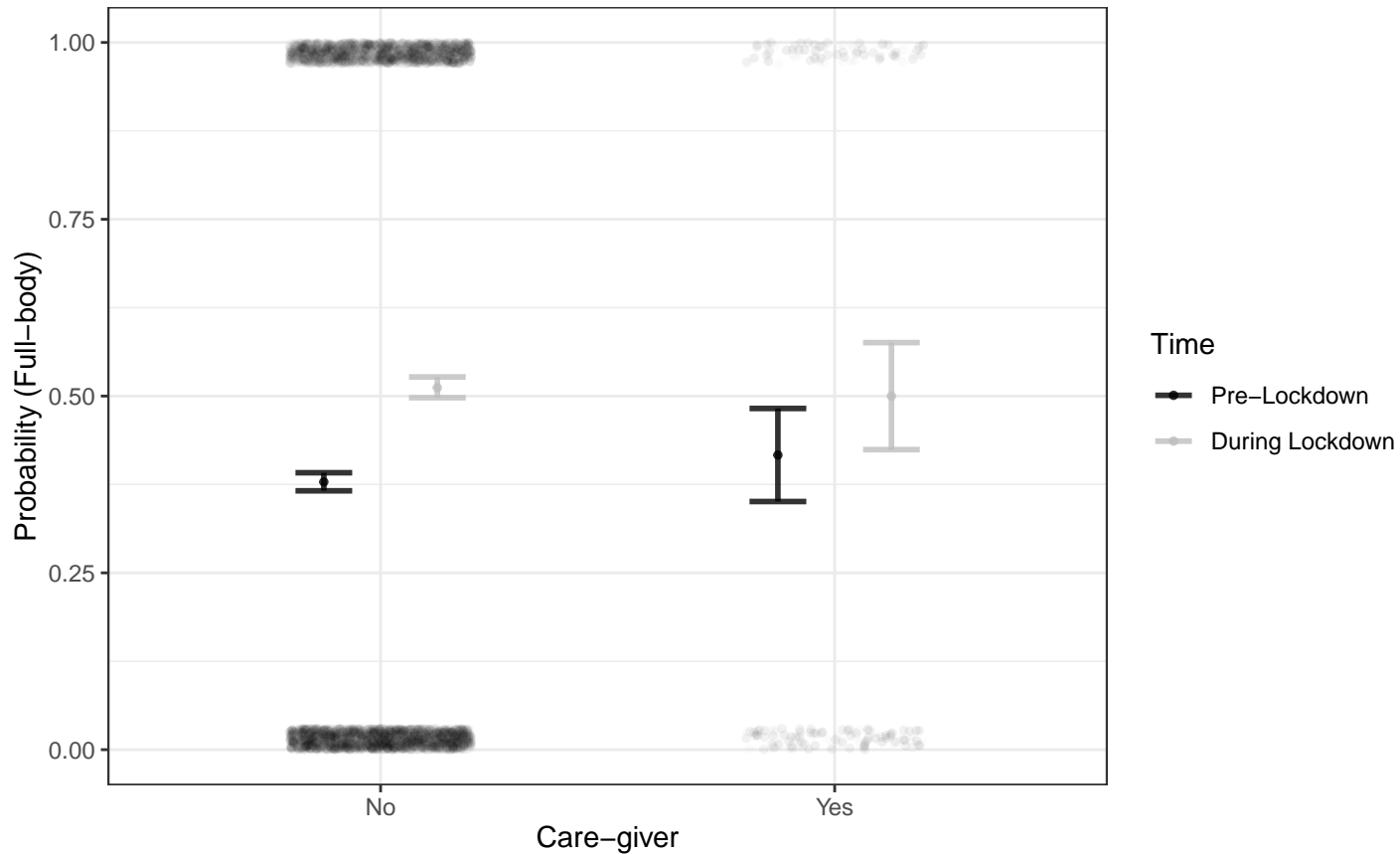
Did you usually perform a full-body or split routine?

Predictor: Children (number)



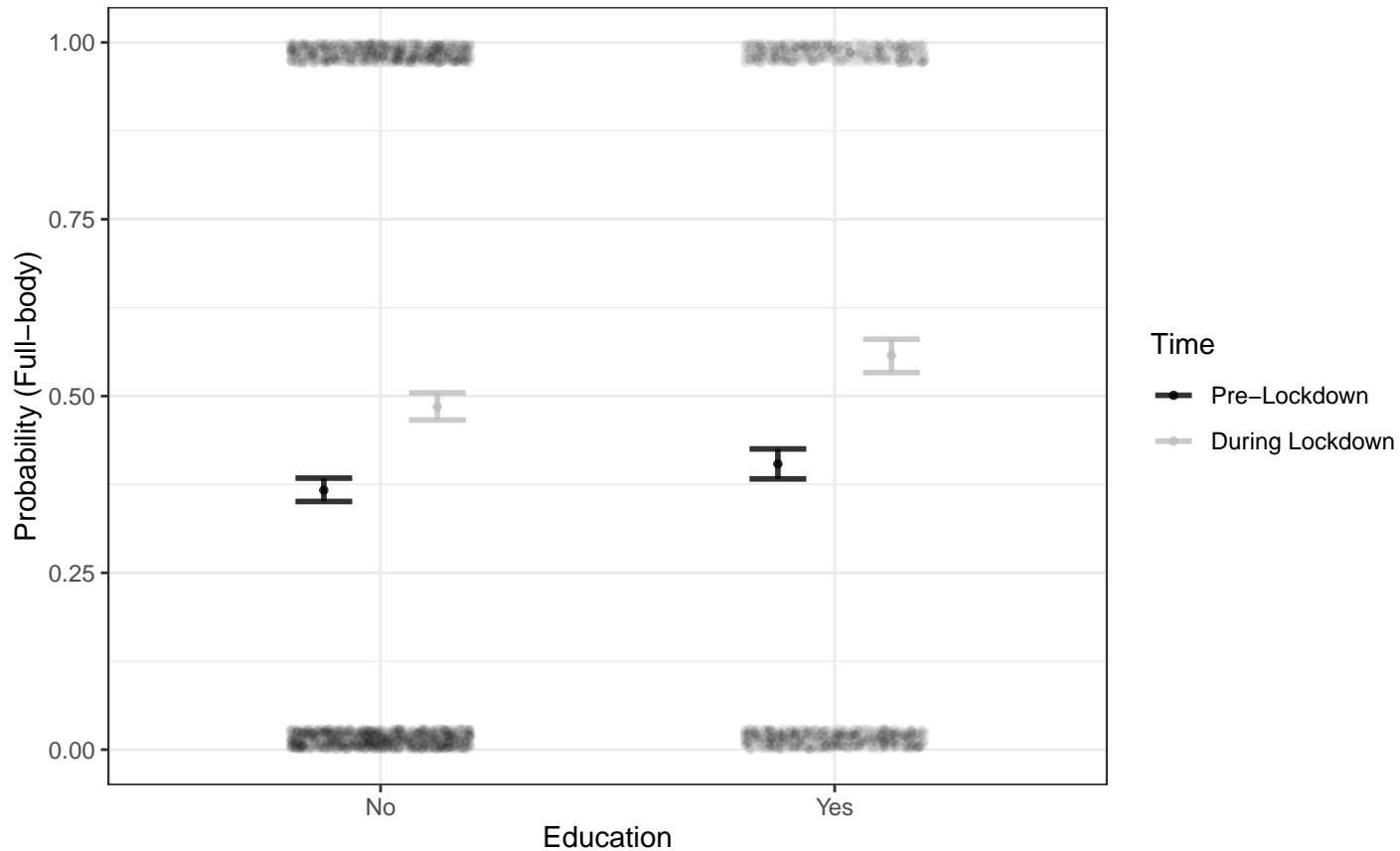
Did you usually perform a full-body or split routine?

Predictor: Care-giver



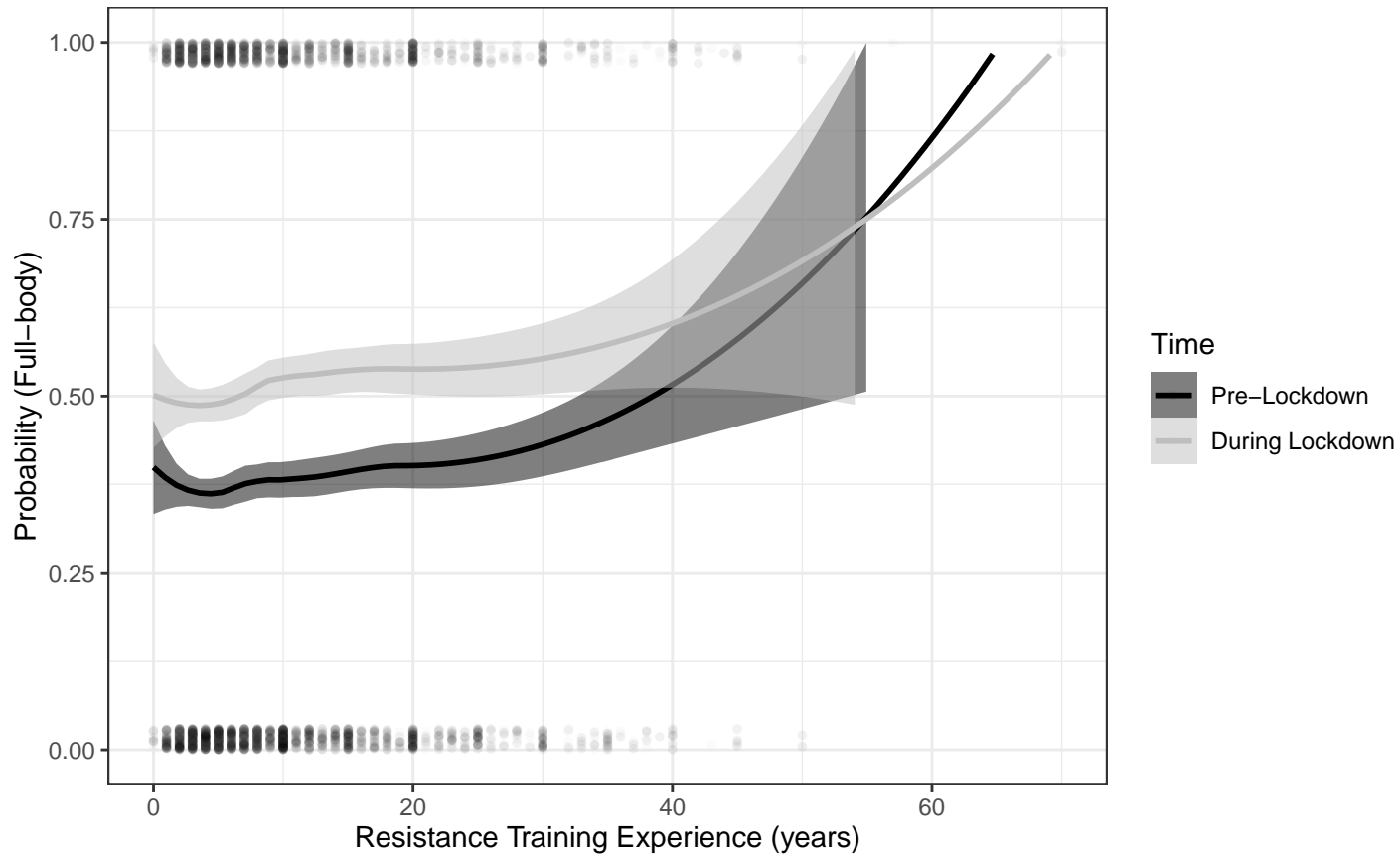
Did you usually perform a full-body or split routine?

Predictor: University level educated in sport, exercise, or physical activity



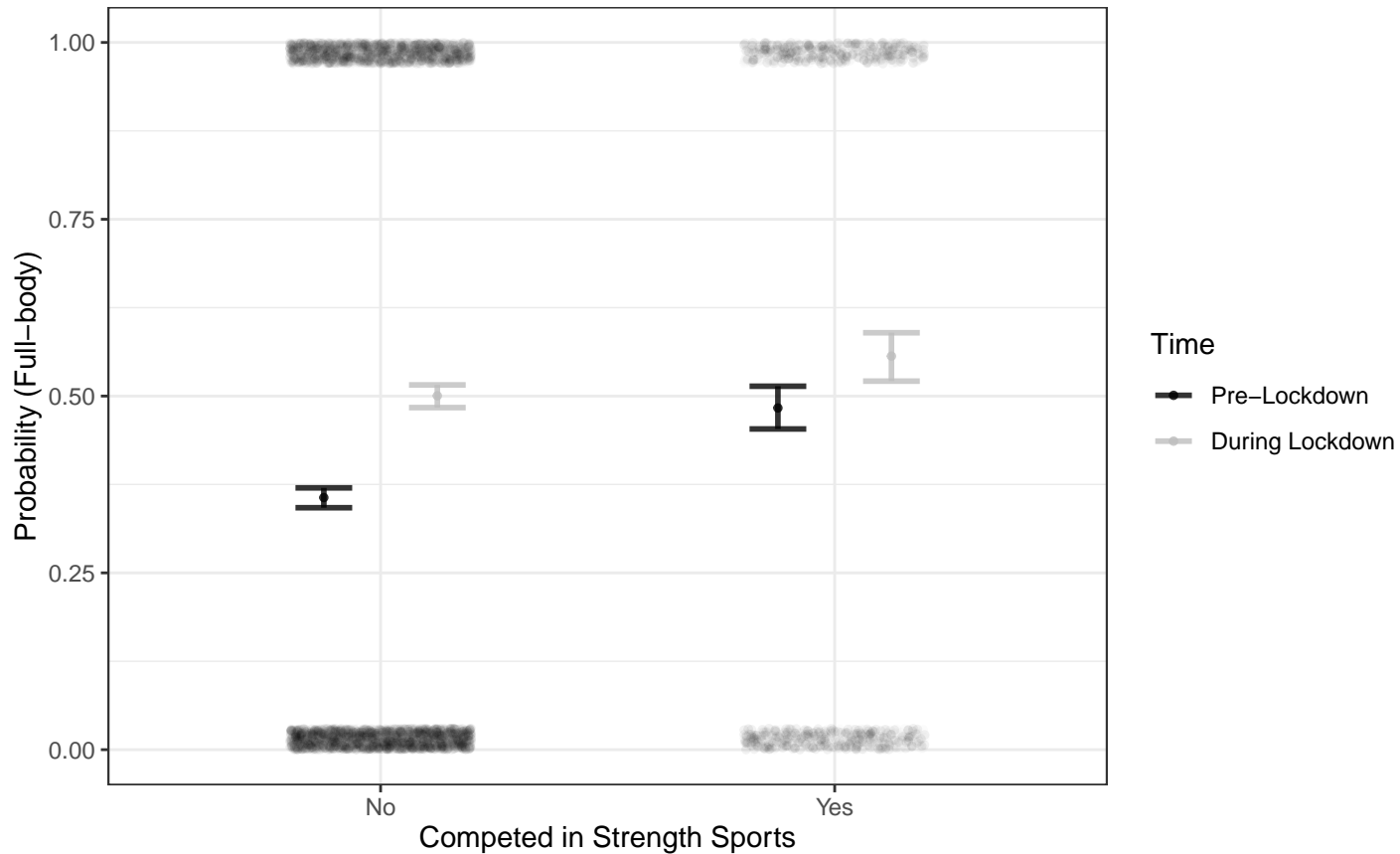
Did you usually perform a full-body or split routine?

Predictor: Resistance training experience (years)



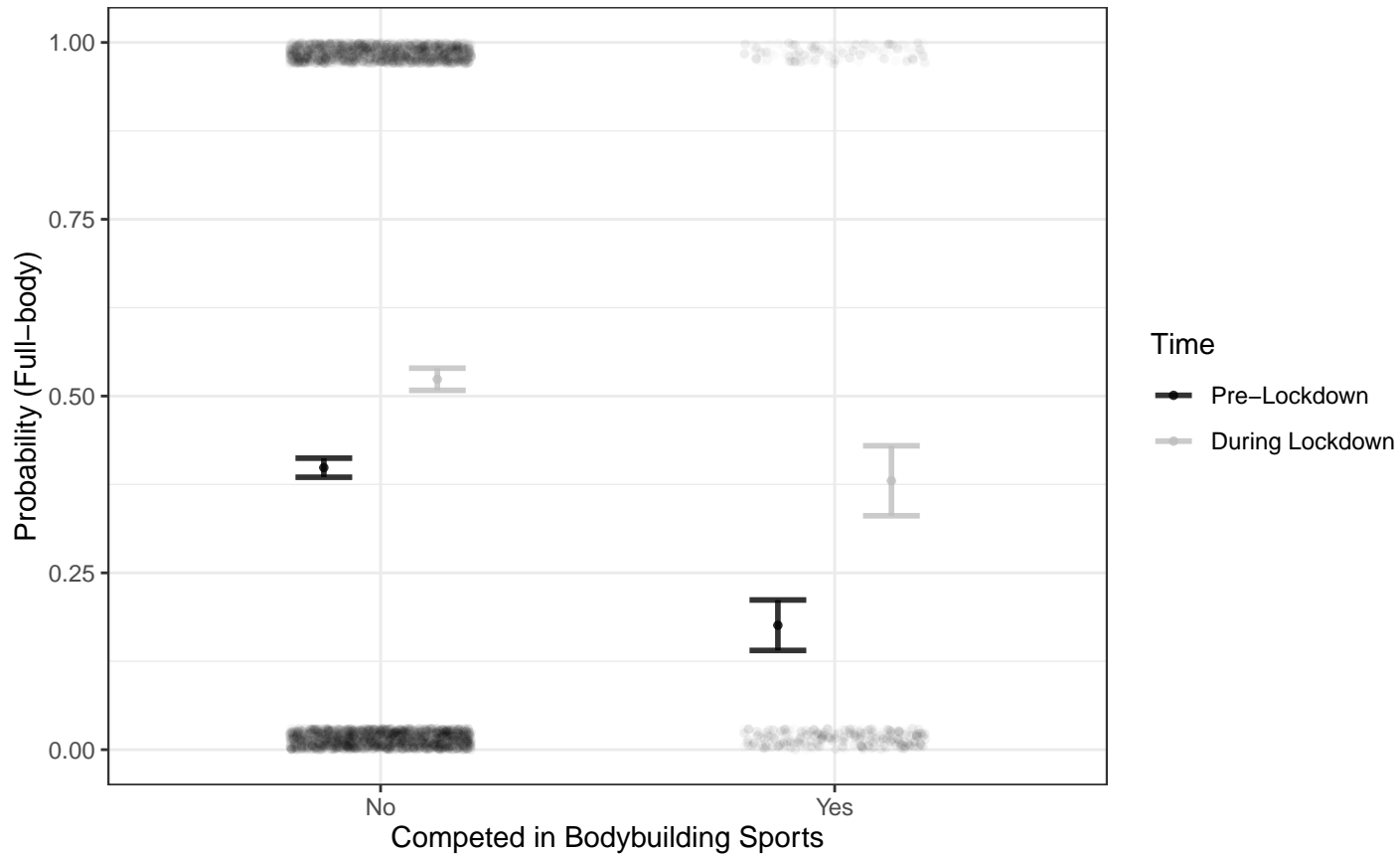
Did you usually perform a full-body or split routine?

Predictor: Competed in strength sports



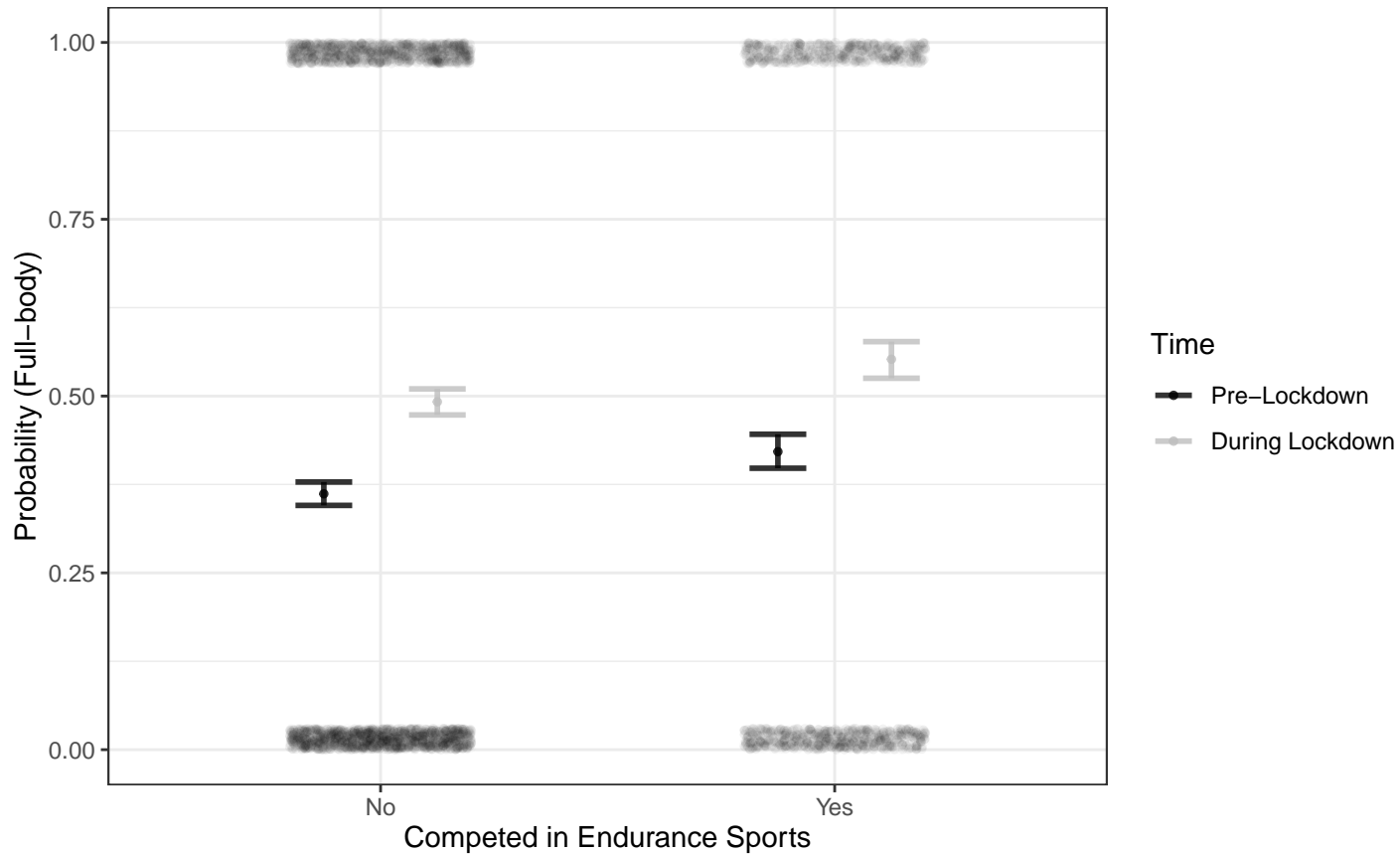
Did you usually perform a full-body or split routine?

Predictor: Competed in bodybuilding or other physique based sports



Did you usually perform a full-body or split routine?

Predictor: Competed in endurance sports



Did you usually perform a full-body or split routine?

Predictor: Competed in other sports

